

**Parque Regional Sierra Espuña**

**EUROPARC**  
Natura 2000 - Sierra Espuña  
Reserva Regional de Sierra Espuña

## The European Charter for Sustainable Tourism (ECTS)

Sierra Espuña Regional Park

### Bajo el Cejo Hotel

(El Berro, Alhama)

1

The Hotel has 12 double bedrooms. All of them have a bathroom, floor heating system and air conditioning and internet service. One of the bedrooms is adapted for reduced mobility people. The accommodation has four rooms with comfortable furniture. One of them has a fireplace.  
Outside the swimming pool blends perfectly with the environment. There are several terraces and places to admire the breathtaking scenery and to enjoy the leisure time.  
Private car park is available. The breakfast is included and you can order in advance your dinner which is served with the best wines.

+34 968 668 032  
bajoelcejo.com  
info@bajoelcejo.com

Open all year round

### Sierra Espuña Camping

(El Berro, Alhama)

2

It is placed in the Sierra Espuña Regional Reserve, next to the Berro, to 650 metres high. It is an ideal place to practise different activities like BTT, hiking...

The Berro has restaurants, bakeries, supermarkets and cafes. The camping has the most modern services: eleven different sizes wooden cabins, camping area, swimming pool, café, children's playground, barbecues, playing field, tennis court, crazy golf, rock climbing and endless hot water.

+34 968 668 038  
Fax: +34 968 668 079  
campingsierraespaña.com  
camping@campingsierraespaña.com

Open all year round

### Forest Therapy - Estefanía Fuentes

(El Berro, Alhama)

3

Forest Therapy refers to the practice of spending time in natural spaces for the purpose of improving health, wellbeing and happiness.

The practice invites you to "soak" in the atmosphere of Nature. Incorporating the mindfulness technique while in any natural environment allows for healing interactions to take place and states of relaxation to occur, as you connect your senses to the present moment through these guided walks.

We have always known this intuitively; but there are plenty of scientific studies in recent decades demonstrating the healing effects of simply being closer to Nature.

+34 608 008 713  
stefaniafuentes.es

Open all year round

### Cortijo Las Golondrinas & Ecoturismo Ecoespaña

(Gebas, Alhama)

4

"Cortijo Las Golondrinas" is a farmhouse from 1859, restored in 2000. It offers a total of 16 beds in 3 houses: "Casa principal" (8 beds and 2 extra beds), "La Tená" (4) and "La casica" (2). They are fully equipped with central heating, fireplace (only "Casa principal"), SmartTV, WIFI, barbecue, garden, private parking and swimming pool, maintaining the charm of the stone, wood and clay that characterized it.

In addition to enjoying a great stay, its geographical location gives you the opportunity to experience a wide range of ecotourism activities and share an experience of reconnection with the Sierra Espuña territory.

+34 608 301 115  
ecoespuna.com  
golondrinas@ecoespuna.com

Open all year round

### The Mirador de Gebas Restaurant

(Gebas, Alhama)

5

The Mirador de Gebas invites you to enjoy of a traditional cuisine as a result of a finest selection of high quality local products and also to contemplate the singularities that nature offers you sitting in our dining rooms with panoramic views.

The restaurant has a summer terrace and large garden areas. Private air-conditioned dining rooms for events and conferences. We offer customised menus. Free wifi zone. Speciality in grilled meat, "migas" and rices. Everyday menu from Monday to Friday and daily special menu every day.

+34 968 633 644  
elmiradordegebas.com  
informacion@elmiradordegebas.com

Closed on Wednesdays except public holidays

### Mirador de Gebas Rural Houses

(Gebas, Alhama)

6

We offer you three rural houses with swimming pool, barbecue, garden areas, woodland and terrace furniture. The houses have all you need to be comfortable: fireplace and air conditioned. Two of the three houses can accommodate two people each one and the third four people.

The settlement is great to know the Sierra Espuña Regional Park and the Barrancos de Gebas with an extensive network of paths suitable for walking or cycling. We offer an information service during your stay with us, advising you about places to visit activities to do.

+34 968 633 644 // +34 646 293 706  
elmiradordegebas.com  
informacion@elmiradordegebas.com

### Photo Logistics

(Alhama)

7

Photo Logistics offers people the chance to photograph the golden Eagle in a comfortable hide for two people, with a great orientation and very carefully designed backgrounds. Apart from the golden Eagle you can also photograph other birds of prey like the peregrine falcon, the crossbill or the jay.

The photographers are picked up in Alhama to take them to the hide but they are always accompanied by expert guides. You can consult the best period for each species and apply for tailored packages.

+34 638 887 681 // +34 679 320 292  
photo-logistics.com  
info@photo-logistics.com

Open all year round

### Aktiveco

(Alhama)

8

Are you looking for an experience in Territorio Sierra Espuña? If you are a teacher, come on an excursion, you will be amazed to see the excitement of your students. If you are an adrenaline junkie, we can guide your trekking or cycling route.

Fancy something more gentle? We accompany you on trails that lead to real treasures. If you want to live an ecotourism experience, discover "a morning with the shepherd" or be a "beekeeper for a day".  
Sounds good, doesn't it? AKTIVECO is environmental education, nature tourism and training. We have activities for all kinds of people who want to get to know this historic forest. Enjoy Sierra Espuña with us!

+34 608 301 115  
aktiveco.es  
info@aktiveco.es

Open all year round

### Las Alquerías Nature Classroom and Tourist Lodge

(Las Alquerías, Totana)

9

Environmental education, active tourism and ecotourism. Enjoy a wide range of activities related to the natural environment. Playful-educational days with school children, adventure park, guided routes, hiking, caving, cultural visits, themed camping and much more! You can stay at the lodge and live a great ecotourism experience in the Sierra Espuña territory.

+34 608 301 115  
aktiveco.es  
info@aktiveco.es

Open all year round

### Jardines de la Santa Hotel

(Totana)

10

The Hotel Jardines de la Santa, located on the slopes of Sierra Espuña, is recently renovated with great love and care. The hotel complex has 35 rooms and 8 nearby cottages, all of them fully equipped. It also has a swimming pool, gym, playroom, social lounge, restaurant, cafeteria and two large halls that can accommodate up to 200 guests to celebrate different types of events.

+34 968 487 054  
reservas@hoteljardinesdelasanta.com  
hoteljardinesdelasanta.com

Open all year round

### Los Donceles Restaurant

(Alquerías Totana)

11

Located in the heart of the Sierra Espuña Regional Park, it is the perfect venue for hiking and other mountain sports. Come and meet us and enjoy the best dishes in a privileged environment.

We have a large indoor dining room, a terrace in the middle of nature and an accessible car park. Our speciality is traditional and Mediterranean cuisine. Our dishes include paellas with wood fire, grilled meats, migas, a wide variety of salads and homemade desserts. We are waiting for you.

+34 692 140 375  
restaurantelosdonceles.com  
reservas@restaurantelosdonceles.com

Open all year round  
Wednesday to Sunday and public holidays  
9 a 18h

### Casas Nuevas Hostelry

(Casas Nuevas, Mula)

12

It is located in a beautiful place facing the natural amphitheatre which the abrupt vertical faces of Sierra Espuña create. The building was built in the 30s by the Taibilla cannals community and it has been recently restored as rural accommodation and restaurant.

It has four apartments with four and six places, three double rooms, a viewpoint and private rooms. Due to the nearness to Sierra Espuña, it is an ideal accommodation for people who love nature and adventure sports. From here, many nearer towns with a rich cultural heritage like Mula, Pliego, Cehegín, Bullas and Caravaca can be visited.)

+34 968 431 820 // +34 654 834 363  
hospederiacasnuevas.com  
info@hospederiacasnuevas.com

Open all year round

### Casas Nuevas Hostel

(Casas Nuevas, Mula)

13

Located on the north face of Sierra Espuña, 1 km from the village of Casas Nuevas, at the foot of great peaks and next to the river Pliego... in short, surrounded by a beautiful landscape that envelops you as soon as you arrive.

The hostel has 64 beds in 3 rooms (with a separate room for group leaders), toilets, showers, kitchen, storeroom and spacious lounge-dining room. Outside there are 2 cosy cabins for 4-6 people, toilets-showers, camping area, swimming pool and recreational area.

From here you can enjoy fascinating hiking and cycling routes, climbing, canyoning, via ferrata, camping, ecotourism activities.... Come and discover it!

+34 608 301 115  
aktiveco.es  
info@aktiveco.es

Open all year round

### Postas Morata House

(Baños de Mula, Mula)

14

Postas Morata house is an old staging post in Los Baños de Mula. Formerly it was used to the resting and calvaries spare in the post transfers between towns.

It is one of the first rate tourist apartment in the Region of Murcia. It is an example of extent, equipment and facilities. Next to the apartments, you can enjoy a completely restored inner courtyard but with the original stones. We offer our guests a spa area with a heated pool for Winter and a refreshing pool for summer.

+34 968 660 568 // +34 692 732 190  
casapostasmorata.es  
pedropaez\_61@yahoo.es

Open all year round

Fondo Europeo de Desarrollo Regional. Una manera de hacer Europa

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### Molino de Felipe Country Hotel

(El Niño, Mula)

15

The country hotel " Molino de Felipe" is located in the middle of the Mula orchard, very near from La Cierva water reservoir and two kilometres from the Velez castle. It is a new building next to an old water flour mill which is working today from the XVI century.

It has a restaurant, two apartments with six places ,one apartment with four places fully equiped and seven double rooms. The guests also has a beautiful garden, glasses barbecue, gym, swimming pool, wifi and car park.

+34 968 662 013  
hotelruralmula.com  
info@hotelruralmula.com

Open all year round

### Atrio - Tourism and Nature

(El Niño, Mula)

16

ATRIO S.COOP. is a cooperative founded with the fundamental objective of occupying an untapped market niche in the northern area of Sierra Espuña. ATRIO S.COOP. intends to address all the tasks related to both visitor services and tourism in Mula, in order to make the visit more engaging and try to attract as many visitors as possible to enjoy a cultural, religious and natural heritage that is still unknown and yet to be made known, always following the principles of sustainability, with environmental awareness and exploiting these resources in an orderly and responsible manner.

+34 611 418 990  
atrioturismo@gmail.com  
https://www.facebook.com/atrio

Open all year round

## TERRITORIO SIERRA ESPUÑA

Located in the centre of the Region of Murcia, the Sierra Espuña Regional Park is the backbone of a territory made up of 6 of the most genuine municipalities in the Region: Aledo, Alhama de Murcia, Librilla, Mula, Pliego and Totana. Immerse yourself in its forests full of life, savour its delicious gastronomy and learn about its fascinating history and its rich customs and traditions.

Enjoy the first ecotourism destination in the Region of Murcia. A territory that works for an increasingly sustainable and accessible tourism where you will find not only incredible Natural Spaces, Festivals of Tourist Interest, crafts and ancestral customs, but also an endless number of activities for the whole family and a wide variety of quality accommodation where you can rest after a day of amazing discoveries.

For more information:  
territoriosierraespaña.com

**Autovía**  
Motorway

**Carretera Nacional**  
State Highway

**Ferrocarril**  
Railroad

**Carretera Comarcal**  
Local Highway

**Carretera asfaltada**  
Asphalt Road

**Carretera del trasvase**  
Trasvase Road

**Pista transitable**  
Pasable Track

**Canal del trasvase**  
Trasvase Channel

**Límite del Parque Regional**  
Regional Park Limits

**Límite del Paisaje Protegido**  
Protected Landscape Limits

**Información**  
Information Office

**Pozo de la Nieve**  
Poze de Nieve

**Vista panorámica**  
Panoramic Views

**Centro de Visitantes**  
Visitor Center

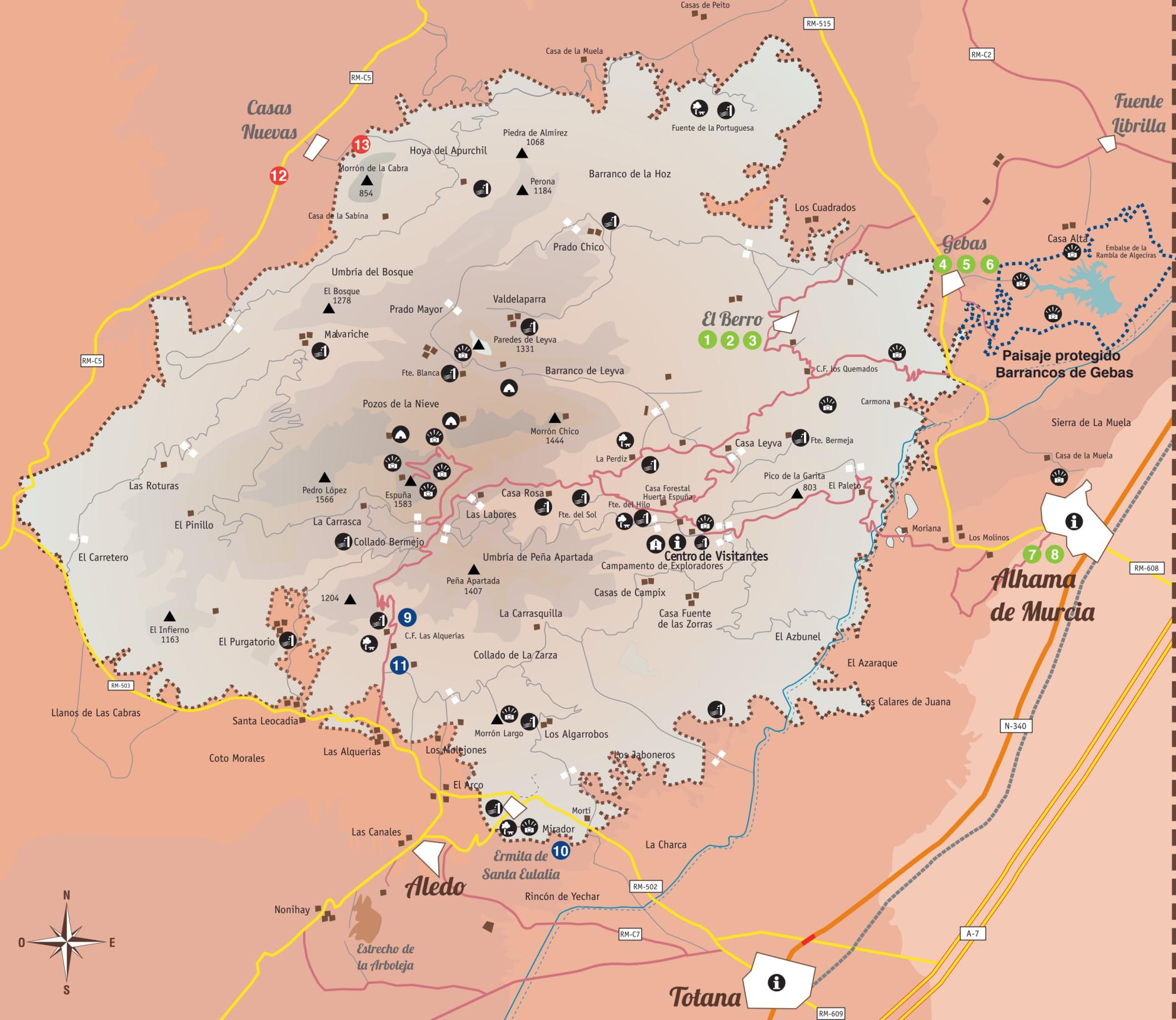
**Área edificada**  
Built areas

**Área recreativa**  
Entertainment Area

**Cota, cumbre**  
Level, summit

**Fuente**  
Fountain

**Acceso restringido a vehículos a motor.**  
Access restricted to motor vehicles.



**The European Chapter of Sustainable Tourism (ECST)** promotes the development of local strategies to safeguard an environmentally friendly and sustainable tourism, regarding the values of a protected natural area, on the basis of the voluntary commitment and agreement of all people involved.

The Sierra Espuña Regional Reserve and its environment are accredited with the CETS since september 2012. The CETS is much more than a quality brand. It is a planning and participation tool and it ensures the touristic businessman's real partnership with the protected natural area.

The firms which are in this brochure are attached to ECST and they work actively with the Park promoting the area sustainable tourism. This is an additional effort to promote the importance of a positive environmental attitude the enjoyment of a great experience in a exceptional setting. These establishments not only make a commitment to participate in environmental improvements, but also support the traditional economic activities, the local life quality, collaborative work and the promotion of sustainable touristic destination in the Sierra Espuña Regional Park.

- 1 Bajo el Cejo Hotel
- 2 Sierra Espuña Camping
- 3 Forest Therapy- Estefanía Fuentes
- 4 Cortijo Las Golondrinas & Ecoturismo Ecoespaña
- 5 The Mirador de Gebas Restaurant
- 6 Mirador de Gebas Rural Houses
- 7 Photo Logistics
- 8 Aktiveco
- 9 Las Alquerías Nature Classroom and Tourist Lodge
- 10 Jardines de la Santa Hotel
- 11 Los Donceles Restaurant
- 12 Casas Nuevas Hostelry
- 13 Casas Nuevas Hostel
- 14 Postas Morata House
- 15 Molino de Felipe Country Hotel
- 16 Atrio -Tourism and Nature



A total of 11 paths to discover a Sierra Espuña forest.  
More than 80 km of routes, with different levels of difficulty, to enjoy the Park to your measure.

[www.murcianatural.carm.es/senderos/](http://www.murcianatural.carm.es/senderos/)

## Sierra Espuña Experiences

Sierra Espuña offers a multitude of experiences! History, culture, nature and gastronomy of España: experience quality ecotourism!