1. HOSPEDERÍA RURAL BAJO EL CEJO

EL BERRO · ALHAMA



THE GUESTHOUSE HAS 12 ROOMS, EACH WITH A BA-THROOM, UNDERFLOOR HEATING, AIR CONDITIO-NING, AND INTERNET ACCESS (WI-FI).

We serve breakfast and dinner, featuring organic produce grown right in our garden.

The accommodations include 4 lounges, one of them outfitted with a wood-burning fireplace. Outside there is a swimming pool, well integrated into its surroundings, a solarium, sauna, several terraces, and multiple spots to take in the impressive landscapes and enjoy moments of relaxation.

2. CAMPING SIERRA ESPUÑA **EL BERRO · ALHAMA**



THE SIERRA ESPUÑA CAMP-GROUND IS LOCATED RIGHT IN THE PARQUE REGIONAL DE SIERRA ESPUÑA, INTEGRATED INTO THE TOWN OF EL BERRO, WITH A POPU-LATION OF JUST 100 AND SITTING AT AN ELEVATION OF 650 METERS. The campground features 11

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wooden cabins, of various sizes, and 54 spaces. Guests enjoy conveniences like

a swimming pool, bar/cafeteria,

barbecue grills, sports court,

playground, minigolf, climbing wall and electric bike rental. It also offers hot water 24/7, and free Wi-Fi. In the town there are restaurants, bakeries and a small supermarket. Camping Sierra Espuña belongs

to the España Turística (Spanish Tourism) association, and is affiliated with the European Charter for Sustainable Tourism.

3. RESTAURANTE SIERRA ESPUÑA **EL BERRO · ALHAMA**



WE FIND OURSELVES IN

MEMADE DESSERTS.

menu based on traditional dishes. Any day of the week you EL BERRO, NEXT TO THE can enjoy our grilled meats: CAMPGROUND, WHERE veal T-bone steak, milk-fed veal, YOU CAN ENJOY OUR WIDE Iberian pork, segureño (Spanish VARIETY OF TAPAS, MEAT, D.O.) lamb, ... also, don't miss our specialties: baked octopus, FISH AND DELICIOUS HOstewed ox tail and caramelised pork cheeks.

We strive to give you top-quality We close Wednesdays and Thurservice. On Mondays, Tuesdays sdays, except on holidays. and Fridays we offer a daily

4. RESTAURANTE LA PARRA

EL BERRO · ALHAMA



LOCATED IN EL BERRO, AT THE

FOOT OF THE SIERRA ESPUÑA

MOUNTAIN RANGE, THIS IS

A RUSTIC AND COSY EATERY

AT WHICH SAVOUR A WHOLE

VARIETY OF MEATS: ROASTED

LAMB, LEG OF GOAT (KID), PORK

During the week we offer a daily

menu, and on weekends menus

meats: sirloin steak, ox, pork ten-

feature a variety of grilled

derloin, veal steak ... seasoned with homemade sauces [pepper, mushrooms, Pedro Ximenez (wine) ...] or that special charcoal touch.

With reservations, we offer set menu deals for groups, starting at 10 euros. Contact us. We close Monday and Tuesday, except on

5. PAN DE EL BERRO SABOR SIERRA ESPUÑA

EL BERRO · ALHAMA



IN THIS VERY SPECIAL PLA-CE, WORKING WITH A COM-MITMENT TO PROTECT AND RESPECT THE ENVIRONMENT TO PRESERVE THE NATURAL **BALANCE OF THIS PROTECTED** NATURAL AREA.

Organic bread, whole wheat or rye. With seeds: flax, sesame, sunflower. Our bread's secret is its sustainable production:



double fermentation using sourdough, baked using firewood, for as long as it takes. The result: a bread that you can savour for

Guided tours, to show you how a traditional bakery works. Closed Sundays and the last week of June.

6. RESTAURANTE Y CASAS RURALES EL MIRADOR



ENJOY OUR TRADITIONAL CUISINE, WITH TOP-QUA-LITY LOCAL PRODUCTS, IN • pool (summer) A WONDERFUL ENVIRON-MENT.

Features:

- lounge with panoramic views
- · terrace and overlook
- reservations for groups

- climate control country cottages
- information on leisure routes
- Wi-Fi
- Parking Reservations:
- 650 471 189

7. CASAS RURALES EL LEBRILLO Y LA TINAJA



PERFECT TO EXPLORE THE NATURAL PARK OF SIERRA **ESPUÑA AND THE PROTECTED** LANDSCAPE OF THE BARRANCOS DE GEBAS (BADLANDS), FOR HIKING AND MOUNTAIN BIKING, AND TO RELAX, ENJOYING THE TRANQUILLITY PROVIDED BY THE SURROUNDINGS.

Two semi-detached houses with a capacity for 6 people each (rented together, up to 12). Loca-



ted in Gebas, 12 km from Alhama de Murcia, and 40 km from the beaches of Mazarrón. Each house has 3 double bedrooms, a living room with a fireplace, patio, barbecue grill, a pine grove across from the facade, and parking. Espubike services. Certified as compliant with the Park's European Charter for Sustainable Tourism Certificates.

8. CORTIJO LAS GOLONDRINAS

GEBAS · ALHAMA

CHEEKS ...



LOCATED IN CASAS DE ABAJO, GEBAS, 11 KM FROM ALHAMA, A STRATEGIC LOCATION FROM WHICH TO VISIT THE FINEST FOREST IN ALL MURCIA (PARQUE REGIONAL SIERRA ESPUÑA) AND THE MOST AMAZING DESERT (BA-RRANCOS DE GEBAS PROTECTED LANDSCAPE). It offers room for 16 in 3 houses.

The "Main House" has 8 beds, standard, and 2 extras; "La



Tená", 4; and "La Casica", 2. They are fully equipped, with central heating, a fireplace (Main House only), TV and DVD player, barbecue grills, garden, and private parking. An excellent example of the rehabilitation of an old farmhouse, dating from 1850. We refurbished it in 2000, combining the charm of stone, wood and clay.

9. HOTEL JARDINES DE LA SANTA

LA SANTA · TOTANA



LOCATED IN THE BEAUTIFUL PARAJE DE LA SANTA AREA, A 4-STAR HOTEL OFFERING 35 ROOMS (DOUBLE, FA-MILY AND SUITE) WITH AIR CONDITIONING AND CENTRAL HEATING, TV, FREE WI-FI; A CAFETERIA, RESTAURANT, GYM, PLAYROOM, SWIMMING POOL, AND 2 ROOMS FOR PRIVATE EVENTS.



· central fireplace 968 633 644

10. ALBERGUE TURÍSTICO LAS ALQUERÍAS

LAS ALQUERIAS · TOTANA



LAS ALQUERÍAS TOURISM LODGE AND NATURE CLASSROOM.

WE OFFER YOU A UNIQUE EXPE-RIENCE BASED ON ENVIRONMEN-TAL EDUCATION AND ECO- AND ACTIVE TOURISM, AT AN ELEVATION OF ALMOST 1,000 M, IN THE HEART OF THE PARQUE REGIONAL SIERRA

Our 5 wooden cabins can sleep 53 guests. The facilities include a kitchen, bathrooms, a leisure room, classroom/workshop, several indoor and outdoor meeting areas, and playgrounds. We organise customised activities

just for you. Hiking and heritage interpretation, introduction to speleology, tree climbing, a monkey bridge, rappelling, pottery worksvisits, sporting events, archery, camps, training days, retreats and

11. HOSPEDERÍA RURAL RESTAURANTE CASAS NUEVAS

CASAS NUEVAS · MULA



THE GUESTHOUSE, LOCATED IN A MAGICAL PLACE OPPOSITE THE NATURAL AMPHITHEATRE FORMED BY THE STEEP WALLS OF THE SIERRA ESPUÑA MOUN-

Is a building constructed in the 1930s by the Canales de Taibilla community, and recently refurbished for rural accommodations and a restaurant. With a capacity for 24 people, there are

INFO@HOSPEDERIACASASNUEVAS.COM 968 431 820 - 654 83 43 63

HOSPEDERIACASASNUEVAS.COM

4 apartments for 4 to 6 people, 3 double rooms, an overlook, and private lounges. The proximity of the mountain

range makes it an ideal choice for lovers of nature and adventure sports, but one can also use it to visit nearby towns steeped in history, such as Mula, Pliego, Lorca, Cehegin, Bullas and Caravaca.

12. ALBERGUE SIULA **CASAS NUEVAS · MULA**



TES DE MONTAÑA NUE-VAS CASAS (MOUNTAIN SPORTS CENTRE) SIULA IS A COMPANY THAT STRI-VES TO TURN YOUR FREE TIME AND LEISURE INTO A GENUINE ADVENTURE. ENJOY EVERY DAY TO THE UTMOST, AND IN THE BEST COMPANY.

Accommodating more than 60 people, the hostel and the two cabins have everything you need to enjoy a very special weekend, and, what's more, at

affordable prices. Less than half an hour from the capital of the Region of Murcia, this is a very special place, its mountains boasting a Via Ferrata to spend an adventure-filled weekend.

13. RESTAURANTE Y ALOJAMIENTOS LA PERDIZ **ESPUÑA**



LA PERDIZ IS THE OLDEST **RESTAURANT IN THE** SIERRA. NATURE ENTHU-SIASTS AND ATHLETES HAVE BEEN COMING TO MEET UP AND STOCK UP EVER SINCE IT WAS FOUN-DED IN THE 1970S.

The restaurant features 2 interior spaces accommodating 120 peo-



ple, and an outdoor terrace for 40 to enjoy food "with a view". Lamb hock, game meats, wild boar, venison loin, venison sirloin and confit partridge. We have 4 country cottages right in the Sierra Espuña, fully furnished and with all the amenities, where you can enjoy a few days of rest with family

or friends.

14. EMTB SIERRA ESPUÑA

ACTIVIDADES



PUÑA MOUNTAINS IN A DIFFERENT WAY, AS OUR ELECTRIC BIKES GET YOU TO THE MOST SPECTACU-LAR SITES!

In the centre of the Natural Park of Sierra Espuña, at Camping El Berro, we make available high-end electric bicycles to ride along the tracks and trails of the



Park's most important and unique places: the Barranco de la Hoz (ravine), Barranco de Leyva, Pozos de las Nieves (peak) ... Have a great time and get lots of exercise in this spectacular natural park, starting at 25

15. TERRA SPORT CYCLING

ACTIVIDADES



TERRA SPORT IS A COM-PANY FOUNDED UPON A NEW CONCEPT IN THE PROMOTION OF

SPORTS-BASED TOURISM. Young and dynamic, and located in Totana (Murcia) in the Natural Park of Sierra Espuña, it offers all kinds of services to cycling enthusiasts, both mountain and road, and of all levels,



whether amateurs or professionals, from the moment you start planning your trip until you decide to go home. We also have a rental and sale service for all types of bicycles, and cycling accessories at our Terra Sport Bike Shop.

16. ECOESPUÑA ECOTURISMO **ACTIVIDADES**



BEAUTIFUL CORNERS OF ESPU-ÑA, INCLUDING THE BARRAN-COS DE GEBAS (BADLANDS) AND OTHER NATURAL AREAS, WITH OUR ECOTOURISM ACTI-VITIES. THRILL TO UNIQUE EX-PERIENCES AGAINST AMAZING BACKDROPS.

WE TAKE YOU TO THE MOST

With us you can enjoy interpretive hiking, activities preserving time-honoured traditions (pasturage, breadmaking,

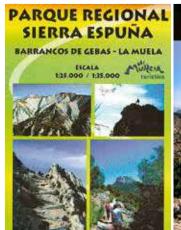
Christmas sweets ...), or enjoying thematic routes, such as "the blossoming of the almond tree", "the path of the nevateros (snow gatherers)" and "the unloading

of the coal."

Through our environmental education and interpretation activities we work to raise awareness about the conservation of the natural and cultural heritage and the integration of environmental protection into rural life and culture.

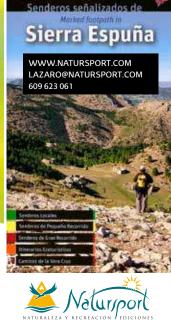
17. NATURSPORT

EDITORIAL



KED TRAILS. TOPOGRAPHIC MAP OF THE

A BOOK CONTAINING 24 MAR-SIERRA: 1: 25.000 SCALE.



18. VIAJES ENTRETIERRAS **ACTIVIDADES**



WE PROVIDE SERVICES FOR BICYCLE TOURISM ENTHUSIASTS, RIDERS AND SPORT CYCLISTS WHO WANT TO RIDE THROUGH AND EXPLORE THE TERRITORY OF THE SIERRA ESPUÑA. We have professionals with

extensive experience, mechanics,

guides and travel agency profes-

sionals who will help you plan



protected area of the Region of Murcia, always offering the very best guidance with regards to the rides best adapted to your profile: road, trails, enduro, Vía Verde (Rail Trails), and the best bicycles to rent. We deliver bicycles anywhere in the mountain range and the region.

19. ESPUBIKE. LA RUTA BTT DE ESPUÑA **ESPUÑA**

BIKE.

m of slope.



MORE THAN A ROUTE. enjoy the Sierra Espuña Regional A GREAT TOURIST RE-SOURCE THAT WILL time of the year. ALLOW YOU TO EXPLORE THE SIERRA ESPUÑA, ces that can be useful along the way, whether you complete it WHETHER ON FOOT OR BY

in a day or over several: health and tourism, public transport, A 146-km route with some 4,000 etc., and that coincide with the inhabited areas or the recreational spaces inside the Park.



Park and its surroundings, any On the route you will find servi-

RY.

20. ESPUSENDAS ESPUÑA



HIKING TO KNOW THE MOST BEAUTIFUL ROUTES THROUGH THE REGIONAL PARK OF SIERRA ESPUÑA, ACCOMPANIED BY EXPERT **GUIDES OF THE TERRITO-**



exclusive experience where you can discover the natural, scenic, historical and cultural values, in one of the most important environmental enclaves of the Region of Murcia. From the surrounding districts, to the summits through forests and dry river beds, adventure and enjoyment are assured.

